



*Arise ! Awake ! Stop not, till the goal is reached.*

May & June, 2026

Om Namō Narayanaya

# Sandesh

Na Me Bhakta Pranashyati

My Devotee Never Perishes



### **Gautam Buddha's Teachings**

Gautama Buddha, born Siddhartha Gautama as a prince of the Shakya clan in Lumbini (present-day Nepal), was a spiritual leader and teacher who founded Buddhism approximately 2,500 years ago. Often referred to as "the Buddha" (meaning "the Enlightened One"), his life story and teachings focus on overcoming suffering and achieving inner peace.

*"The greatest prayer is patience."*

*"The one who has conquered himself is a far greater hero, than he who has defeated a thousand men a thousand times."*

*"You will not be punished for your anger. You will be punished by your anger."*

*"Health is the greatest gift, contentment the greatest wealth, and faithfulness the best relationship."*

*"In the end, only three things matter: How much you loved, how gently you lived, and how gracefully you let go of things not meant for you."*

*"However many holy words you read, however many you speak, what good will they do you if you do not act on upon them?"*

*"Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned."*

### **BADARIKASHRAMA DIARY**

Badarikashrama continued its practice of celebrating and conducting ceremonies and prayers following the Sanatan Dharmic traditions. In this spirit, Satyanarayan Puja and Kirtan were held on Sunday, March 1st. On Sunday the 8th, Devotee Devyani Dhar gave a scintillating talk on the Bhagavat Gita, fielding several questions from the attendees. It was especially heartening to witness the enthusiastic level of participation from some of the younger sections of the audience. On Sunday the 15th, the Sri Ramanama Sankirtana and Meditation was held, with several devotees participating in the recitation and meditation. Sankirtana is the congregational or collective chanting and glorification of God's holy names, often accompanied by music and dancing. Derived from the Sanskrit **sam** (complete) and **kirtan** (praising), it serves as a method of devotional service intended to purify the mind, foster spiritual connection, and spread devotion.



**Mata Ki Chowki**



**Sri Rama Navami Music Festival**

Sunday, March 19th marked the Chandra Mana Yugadi, celebrated as the New Year's Day for the Telugu and Kannada Hindu communities, marking the first day of the Chaitra month. Based on the lunisolar calendar (Chandramana), it signifies new beginnings, the arrival of spring, and is believed to be the day Lord Brahma created the universe. Rudrabhishek was performed, with many families participating. On Saturday, March 21st, Mata Ki Chowki was celebrated. A lively concert was held, by Harjeet Mehendi and Group. The group performed several bhajans and kirtans, with many from the audience joining along. After the performance ended at 9 PM, all partook of the Mahaprasad in the form of a sumptuous dinner. Sri Durga Homa was conducted on Sunday, March 22nd.



**Sri Rama Navami Music Festival**

On Sunday, March 29th, Dr. Nripen Acharya gave a talk on the Ramayana. A long time devotee of the Ashrama, Dr. Acharya quoted selectively from the Ramayana, drawing attention to the context of challenges faced by society at large, today.

The month of April had an excellent series of programs and celebrations, starting with the Sri Hanuman Jayanthi on Saturday, the 4th. Starting from 9 AM and going all the way to 6 PM, devotees and



**Sri Shankaracharya Jayanthi**

their families recited the Hanuman Chalisa 108 times. On Sunday the 5th of April, Sri Satyanarayana Puja was held, followed by Kirtan.

Saturday, April 11th and Sunday, April 12th marked the annual Sri Rama Navami Music Festival. This yearly event is much awaited, not only by devotees of the Ashrama, by also by the many Bay Area music schools and academies imparting knowledge of Indian classical music, of the Carnatic and Hindustani style! The music schools try their very best for their students to outshine others, during this two-day festival. Saturday's program started off with students of Anuradha Suresh, from the Shruthi Swara Laya school of music, based in Fremont.

Next was Chandrika Pai and students, from the Nada Sudha School of Music, based in San Ramon. This was followed by a performance by Geeta Seshadri and students. Geeta's music school is located in San Jose. At 12 Noon, Kasthuri Shivakumar and students performed their concert. Kasthuri runs the International Academy of Indian Music (IAIM), located in San Francisco city. Next were the students of Akila Shankar, from the Geetanjali School of music, located in the South Bay Area. Susheela Narasimhan and students performed next, followed by a vocal performance by students of Kalpagam Kowsik. The final performance of the day was on the veena by students of Srikanth Chary, founder of the Nada Nidhi School of Music.



**Sri Ramanuja Jayanthi**

Next, students of Geeta Swamy, founder of the GK Carnatic School performed a vocal recital. This was followed by students of Srilakshmi Kollavennu. Hamsa Raghuvir's students performed a vocal concert next. This was followed by students of Padmaja Kishore, founder of the Gana Mandir Fine Arts in San Jose. The final performance was by students of Kalamaya, founded by Kala Iyer.

Sunday, April 19th was marked by the observance of Sri Shankaracharya Jayanthi. Devotee Subita Sudershana Kamath gave talk on the life of Sri Shankaracharya and his accomplishments. On Sunday, April 26th, Sri Ramanuja Jayanthi was celebrated. Devotee Prashant Bhadri gave a talk on Sri Ramanuja's life and his teachings.



**Sri Shankaracharya Jayanthi**

The music festival continued the next day, Sunday, April 12th, starting at 8:30 AM by students of Shakuntala Murthy. Next was a vocal performance by students of Asha Ramesh, founder of the Ragamalika School of Music, in San Jose. Anuradha Sri-dhar's students performed a vocal concert next. Anuradha is the founder-director of the Trinity Center for Music, in Saratoga. Students from the Sri Paduka Academy of Classical Music based in San Jose, founded by Hari Devanath, rendered the next vocal performance. This was followed by students of the Sri Rama Lalitha Kala Mandir School of Fine Arts, Sunnyvale, founded by Jayashree Varadarajan.



**Vedanta Retreat at Olema**

## Calendar of Events for May & June, 2026

<u>May</u>	Timings	Upcoming Programs
Sun 3rd	11 AM	<b>Buddha Jayanti Celebration</b> - Talk by Dr. Arun Banerjee
Sun 10th	10:30 AM	Sri Gayatri Homa - Mother's Day
Sat 16th	11:00 AM	<b>42nd Anniversary Celebration</b> Dance Concerts: Bharatanatyam, Odissi Classical Music Concerts: Carnatic, Hindustani
Sun 17th	10:30 AM	<b>42nd Anniversary Celebration</b> 108 Samuhika Sri Satyanarayana Swami Puja & Kirtan
Sun 24th	10:00 AM	<b>Maha Mrityunjaya Homa</b>
Sun 31st	10:30 AM	Full Moon Sri Satya Narayana Puja
<u>Jun</u>		
Sun 7th	11:00 AM	<b>Sri Ramanama Sankirtana and Meditation</b> Talk and Kirtan by Sargam Shah
Sun 14th	10:30 AM	<b>Sri Sundarakand Ramayana</b> by Group of Ashram Devotees
Sun 21st	11:00 AM	Bhagavad Gita Talk - Talk by Venkatraya Shenoy
Sun 28th	11:00 AM	Sri Satyanarayana Puja and Katha
<u>Jul</u>		
Sat 4th	From Sat 9 AM	<b>Akhanda Sri Ramayana of Goswami Tulasidas</b> (Group Recitation)
Sun 5th	To Sun 1 PM	
Sun 12th	10:30 AM	<b>Sri Durga Homa</b> and Music

### Teachings of Sri Ramakrishna

*"God can be realized through all paths. All religions are true. The important thing is to reach the roof. You can reach it by stone stairs or by bamboo steps or by a rope."*

*"When the flower blooms, the bees come of their own accord. So let the flower of your devotion bloom, and the Lord will come."*

### Badarikashrama Next Gen. Project

*Expanding into the future for the Next Generation spreading Vedic culture to all.*

**Goal:** Expand our San Leandro Center to a larger facility. Key features include

- Prarthana Mandir • Large Parking Lot • Cultural Center • Dining Facilities • Residential Quarters

#### How to make tax-deductible donation

Zelle, Venmo, Cash, Checks, Paypal and Employer Matching Funds  
Checks can be made to "Badarikashrama".  
On the "For" line, please write "Next Gen Project".

### Badarikashrama, USA Center

Badarik@pacbell.net 510-278-2444

#### Daily Schedule at San Leandro

Temple is open between the hours of 8am to 12 noon and 5pm to 7:30pm

**Temple is Closed Every Thursday**

Evening aarati daily- 6.30pm

Mondays 6:30 pm: Sri Siva Puja & Aarti

Tuesdays 6:30 pm: Sri Durga Puja & Aarti

Poornima Sri Satyanarayana Puja  
every fullmoon